








MFSC-September 2023

Sun	Mon	Tue	Wed	Thur	Fri	Sat
Register at: https://bit.ly/MFSCseptember2023	OUR CALENDAR ARE COLOR CODED: Edison events are PURPLE Sayreville events are PINK Piscataway events are BLUE East Brunswick events are RED North Brunswick events are GREEN		Find us on Social Media and the web! www.ccdom.org/mfscmiddlesex  https://www.facebook.com/MFSCMiddlesex/  https://www.instagram.com/mfscmiddlesex/  https://twitter.com/MFSCMiddlesex		1 Preparedness & Safety Piscataway Senior Ctr. 10:00am—11:00am 	2  SCAN ME
3 MFSC Contact Info: (732) 387-1220 or email us at MFSCmiddlesex@ccdom.org	4 	5 MFSC Facebook Challenge 	6 Line Dancing @9:30am North Bruns.Senior Ctr <hr/> Blanquita B. Valenti Community School Open House & Outreach 5pm-7pm	7	8 TRUMAN SQUARE OUTREACH 10AM 	9 Bike Rodeo New Brunswick Community Arts Ctr 9am-11am 
10 Brady's Walk Old Bridge 10am 	11	12 Walk your Child to School North Brunswick Public Library @7:30am 	13 Office is Closed due to 	14 Open Diaper Distribution Meet & Greet 9am-1pm New Brunswick 	15 Sustainable Health & Wellness Day 10am-4pm  Health & Wellness	NATIONAL HISPANIC HERITAGE MONTH September 15 to October 15 
17 MFSC Activities and Events vary by township. 	18 Back 2 School Socially Healthy with YPC 	19	20 Senior Health & Fitness Walk Roosevelt Park 10am 	21 Food Pantry Distribution Edison Housing Authority 10:00AM- 12:00PM 	22 Back to School Food Giveaway 4-6pm 	23 NATIONAL PREPAREDNESS MONTH 
24 Sayreville Day Kennedy Park 12pm 	25	26 Mexican Cuisine At Hall's Corner East Brunswick 1pm 	27 Parent Advisory Board Via Zoom 4:00pm—5:00pm 	28 Welcoming Fall Sayreville Senior Center 10am 	29	30 Community Baby Shower 10am 



The Mobile Family Success Center of Middlesex County invites you to our upcoming events!

The Mobile Family Success Center is administered by Middlesex County Human Services Advisory Committee with funding from the Department of Children and Families. To reserve your spot please email us at MFSCmiddlesex@ccdom.org. Walk-ins are welcome, but space and supplies are not guaranteed. Please join the conversation and follow us on: Facebook & Twitter at www.facebook.com/MFSCmiddlesex www.twitter.com/MFSCmiddlesex

Mobile Family Success Center is a community-based, family-centered program utilizing neighborhood gathering places where any community resident can go for social connections, family support, information and services. The program currently focuses on bringing services to Piscataway, Edison, Sayreville, North Brunswick and East Brunswick, but any resident of Middlesex County can attend. RSVPs are always appreciated, but walk-ins are welcome. Supplies and giveaways may be limited to a first come, first served basis. In the event of major storm events, please refer to our Facebook or Twitter pages for cancellations or call 732-387-1220.

Visit us in Piscataway

- ⇒ **Friday, September 1, 2023 at 10am**
Preparedness & Safety Piscataway Senior Center at 700 Buena Vista Avenue, Piscataway, NJ. Come and join us as we highlight and provide awareness of planning for natural disasters, unexpected events, and emergencies. Creating an emergency plan can de-escalate our fears and help us focus on what's important.
- ⇒ **Saturday, September 30, 2023 from 10am-1pm**
Community Baby Shower Join MFSC for this community baby shower for expecting mom's. Enjoy food, prizes, vendors, and informational workshops. Registration is Required!

MFSC COMMUNITY OUTREACH

- ⇒ **Wednesday September 6, 2023 from 5pm-7pm**
Blanquita B. Valenti School Outreach– Come and visit Mobile Family Success Center during the ribbon cutting event as we share upcoming events and activities.
- ⇒ **Saturday, September 9, 2023 from 9am-11am**
New Brunswick Bike Rodeo at New Brunswick Middle School located at 1125 Livingston Ave, New Brunswick, NJ 08901. Learn about bike safety while playing 10 bike games and challenges. There are also raffles to win a bike.
- ⇒ **Sunday, September 10, 2023 from 10am-4pm**
Brady's Walk-On World Suicide Prevention Day, September 10, 2023, Brady's Voice will host the 1st Annual Brady's Walk & Mental Health Wellness Fair to raise awareness and promote mental health wellness and suicide prevention.
- ⇒ **Thursday, September 14, 2023 from 9am-1pm**
Open Diaper Distribution– Come and join us during AECD Meet & Greet as you pick up diapers and baby essentials for your family. Learn more about MFSC and upcoming activities.
- ⇒ **Friday, September 15, 2023 from 10am-4pm**
Sustainable Health and Wellness Fair– Boyd Park in New Brunswick. Come and join MFSC as we gear up for summer and share upcoming events for Middlesex County.

ALL ARE WELCOME TO PARTICIPATE IN OUR FREE PROGRAMMING!

- ⇒ **September 27 2023 from 4PM to 5PM**
PARENT ADVISORY BOARD MEETING at Anywhere, Middlesex County, NJ. This meeting will take place via video conference so that families can participate from anywhere. Anyone residing in Edison, East Brunswick, North Brunswick, Piscataway, or Sayreville may participate to provide input on future programming. For more information about the meeting or becoming a board member please contact MFSC at 732-387-1220.

Visit us in North Brunswick

- ⇒ **Wednesday, September 6, 2023 at 9:30am**
>Line Dancing at North Brunswick Senior Center located at 15 Linwood Pl, North Brunswick Township, NJ 08902. Come and join as we bring up the heat with Line Dancing. Learn how to groove to the beat with our Special Guest at the North Brunswick Senior Center. Free refreshments will be provided.
- ⇒ **Tuesday, September 12, 2023 at 7:30am**
Walk Your Child To School at **North Brunswick Library, 880 Hermann Rd., North Brunswick, NJ.** Partake in walking your child back to school with MFSC. Walk will start from North Brunswick Public Library at 8am.

Visit us in East Brunswick

- ⇒ **Wednesday, September 26, 2023 at 1pm**
Mexican Cuisine at **Hall's Corner, 551 Cranbury Road, East Brunswick, NJ.** Come and celebrate Hispanic Heritage Month with Mobile Family Success Center with Chef Carla. We will be highlighting typical dishes including rice, bean, and chile.

Visit us in Edison

- ⇒ **Thursday, September 8, 2023 at 10am**
Truman Square Outreach– Learn more about Mobile Family Success Center and all the free programming, activities, and events it can offer.
- ⇒ **Tuesday, September 18, 2023 at 4pm**
Healthy and Social with YPC. NJPRAC pediatric residents share the importance of healthy eating and being socially connected with others as we gear back to school with an ice cream social.
- ⇒ **Wednesday, September 20, 2023 at 10am**
Senior Health & Fitness Walk at Roosevelt Park in Edison. Come and join us we share healthy living and mental health tips to our senior community.
- ⇒ **Thursday, September 21, 2023 from 10am-12pm**
Food Pantry Distribution with Edison Housing Authority located at 14 Rev. Samuel Carpenter Blvd., Edison, NJ. Need community resources and access to food, come and join us at EHA for their food distribution. Restricted to residents of EHA.
- ⇒ **Friday, September 22, 2023 from 4pm-6pm**
Back to School Food Distribution– Kilmer Homes located 115 Truman Drive, Edison, NJ 08837. Bring the whole family as we distribute food bags filled with fresh produce, canned goods, and snacks.

Visit us in Sayreville

- ⇒ **Sunday, Sunday, 24, 2023 at 12pm**
Sayreville Day at Kennedy Park located in Sayreville. Come and visit MFSC along with a various numerous of community providers.
- ⇒ **Thursday, September 28, 2023 at 10am**
Welcoming Fall at Sayreville Senior Center located at 423 Main St, Sayreville, NJ 08872. As we welcome the fall season, join us as we share helping tips about fall prevention.

For more information or to register for an activity please call the Mobile Family Success Center (MFSC) at: (732) 387-1220 or email us at MFSCmiddlesex@ccdom.org.

September is



NATIONAL PREPAREDNESS MONTH

Come and join us as we highlight and provide awareness of planning for natural disasters, unexpected events, and emergencies. Creating an emergency plan can de-escalate our fears and help us focus on what's important.



**Friday, September 1, 2023
10am - 11am**

**Piscataway Senior Center
700 Buena Vista Ave
Piscataway, NJ**



MIDDLESEX
C O U N T Y • N J

**Call us at 732-646-4055
Don't miss our safety raffle at the
end of our presentation.**



MOBILE FAMILY SUCCESS CENTER

BACK TO SCHOOL

Facebook Challenge

SEPTEMBER 5TH-
SEPTEMBER 12, 2023

SCHOOL BUS

Submit your best Back to School or Back to Work picture on Mobile Family Success Center Facebook page to be part of 2023 FB Challenge.

Don't forget to tag MFSC to win. Follow the steps below. Winner announced on 09/12/23.

FOLLOW



SHARE




LIKE

NORTH BRUNSWICK SENIOR CENTER & MOBILE FAMILY SUCCESS CENTER PRESENTS:

Line Dancing

WITH A SPECIAL GUEST

A graphic of musical notes and a treble clef with a sharp sign, flowing across the page.

Come and join as we bring up the heat with Line Dancing. Learn how to groove to the beat with our Special Guest at the North Brunswick Senior Center. Free refreshments will be provided.

WEDNESDAY, SEPT. 6, 2023 AT 9:30AM

**FREE EVENT
AT:**

**15 LINWOOD PL, NORTH
BRUNSWICK TOWNSHIP, NJ
08902**



Call **(732) 418-2222** to register



<https://www.instagram.com/mfscmiddlesex>

<https://twitter.com/MFSCMiddlesex>

<https://www.facebook.com/MFSCMiddlesex/>

New Brunswick BIKE RODEO

NEW BRUNSWICK
MIDDLE SCHOOL
1125 LIVINGSTON AVE.
NEW BRUNSWICK, NJ 08901

Bring your bikes, scooters, skates & helmets

Saturday,
September 9, 2023
9am-11am

FREE FAMILY FRIENDLY EVENT

- 10 Bike Games & Challenges
- Pedestrian Safety
- Community Providers
- Multiple Bike Raffles & More

CALL OR EMAIL :

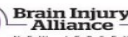
(732) 646-4057

mfscmiddlesex@ccdom.org

To register, use the
QR code or the link
listed below:



Register: <https://bit.ly/BikeRodeos2023>



1st Annual

Brady's Walk & Mental Health Wellness Fair

**Free Show – The E Street Shuffle Band –
A Tribute to the Boss**

When: September 10, 2023 - Global Suicide
Prevention Day

Where: Lombardi Field, Old Bridge, NJ 08857

What: 3 Mile Walk, Mental Health Wellness
Fair, Free Show

Who: Mental Health local businesses will
explain how they help kids

Time: 10:00 AM Start



ABOUT THE WALK:

Provides students and families an active & safe routes to schools while engaging in traffic awareness and relational skills.

Participating Schools

- NBTECC
- Parsons Elementary
- Livingston Park Elementary
- Linwood Middle School

Walk Schedule

- Gather at North Brunswick Public Library at 7:45am (880 Hermann Rd)
- Departure 8:00am
- After the walk, visit the library for additional community resources

Register:

Scan the QR Code or Link below to register



*****Library Card Registrations*****
Free Food & Refreshments will be served
Selfie Stations Available



2023

SAINT PETER'S HEALTHCARE SYSTEM
Building your better future

STATE THEATRE NEW JERSEY

Rapid Mobile Response Team

NJ Health
New Jersey Department of Health

MIDDLESEX COUNTY, NJ

RUTGERS
Eric B. Chandler Health Center

NBT > New Brunswick Tomorrow

Berkeley College

LANE

ABOVE
LIFE CHANGERS

NEW BRUNSWICK

FRANKLIN FOOD BANK
Neighbors Helping Neighbors

CFBNJ
Community Foundation for New Jersey

Mental Health Association in New Jersey

MIHA

ScreenNJ
NJ Statewide Health Screening Program

Meals on Wheels
N.J. Division of Senior & Disability Services

HIGH LAND PARK

2nd Annual

CareSparc®
community connections

SUSTAINABLE HEALTH & WELLNESS

VILLAGE Fest

NEW BRUNSWICK, NJ • MEMORIAL PARKWAY • BOYD PARK
SEPT 15-16, 2023 • 10AM-5PM

Food Trucks • Vendors • DJ's • Live Entertainment
House Music • 50 Years of Hip Hop Tribute
Giveaways and Prizes

Senior and Veteran Resources
Clinical Screenings
Health Education
Community Resources
Access to Health Insurance
Fun Activities for the Entire Family

Scan QR Code to Learn More About The Festival & CareSparc Community Connections
caresparccommunityconnections.org

IN PARTNERSHIP W/ NJ GIVE A KID A DREAM

PRESENTING SPONSOR

Johnson & Johnson

Mobile Family Success Center presents:

BACK TO SCHOOL Social

Monday, September 18, 2023
at 3:30pm

with YPC

School just started and getting back into our regular routine can be challenging. Join us as we share what we love most about coming back to school while creating ice cream sundaes.



<https://www.instagram.com/mfscmiddlesex>



<https://twitter.com/MFSCMiddlesex>



<https://www.facebook.com/MFSCMiddlesex/>

KILMER HOMES & MOBILE FAMILY SUCCESS CENTER

Back to School FOOD DISTRIBUTION

Free Community Event

Come and join us as we gear back to school and help give our youth a healthy start with fresh produce and non-perishable items for you and your family.

Save the Date!

Friday, September 22, 2023
from 4pm-6pm

Location!



115 Truman Drive,
Edison, NJ 08837

For more information call 732-387-1220
or MFSCmiddlesex@ccdom.org



SCAN ME



<https://www.instagram.com/mfscmiddlesex>



<https://twitter.com/MFSCMiddlesex>



<https://www.facebook.com/MFSCMiddlesex/>





SENIOR HEALTH & FITNESS WALK 2023

September 20, 2023
Roosevelt Park, Edison
10:00 AM - 1:00 PM

To register, contact your local senior center or
Email: mcoads.events@co.middlesex.nj.us
Call: 732-745-3295

**Registration is required
by September 4, 2023**

Please bring a nonperishable food donation
in support of REPLENISH and the food
pantries in Middlesex County.

Scan for
more info!



Wellness Info
Health Screenings
Boxed Lunches
Raffles
T-Shirts
Entertainment



Mexican Cuisine

- **When: Tues. Sept. 26. 23**
- **Time: 1:00pm**
- **Where: Hall's Corner**
- **551 Cranbury Rd. East Brunswick**

Come and celebrate Hispanic Heritage Month with Mobile Family Success Center with Chef Carla. We will be highlighting typical dishes including rice, bean, and chile.



**For questions or to register,
call 732-646-4055**



Chef Carla



<https://www.instagram.com/mfscmiddlesex>



<https://twitter.com/MFSCMiddlesex>



<https://www.facebook.com/MFSCMiddlesex/>

Sayreville DAY



**SEPTEMBER
24**

**12 pm - 4 pm
Kennedy Park**



**FREE RIDES &
GAMES**



For information contact:

www.sayrevillerec.com or 732-390-7096/7092

PARENT ADVISORY BOARD



**UPCOMING
EVENTS**

**Wednesday, September 27th
at 4:00 pm
Via Zoom**

**LOOKING FOR NEW OPPORTUNITIES TO GIVE BACK
TO YOUR COMMUNITY? BECOME A PARENT LEADER
BY JOINING THE PARENT ADVISORY BOARD (PAB).
LET US KNOW WHAT ACTIVITIES AND EVENTS YOU
WOULD LIKE TO SEE IN YOUR COMMUNITY.**

For more information call 732-387-1220
or MFSCmiddlesex@ccdom.org



<https://www.instagram.com/mfscmiddlesex>



<https://twitter.com/MFSCMiddlesex>



<https://www.facebook.com/MFSCMiddlesex/>

Please come and join us for a *Community Baby Shower*
in honor of all **FIRST TIME & EXPECTANT PARENTS**
in **MIDDLESEX COUNTY!**

A little
Wild One
is on the way!

**September 30, 2023
from 10am-1pm**

**Piscataway Senior Center
700 Buena Vista Ave.
Piscataway, NJ**

Free workshops, community providers,
giveaways, raffles, & refreshments.

Advance registration required.

For more information call 732-387-1220
or email mfscmiddlesex@ccdom.org

